

# VENICE, PARMA, ROME: A TRIO OF ITALIAN HISTORY AND GASTRONOMY

*Stroll along Venetian canals and enjoy a cappuccino at Piazza San Marco; explore the internationally renowned Italian Food Valley and learn all the secrets and passion Academia Barilla chefs put into their delicious dishes; walk along the streets of Rome eating a gelato.*



## PROGRAM:

### Day 1 • Welcome to Italy!

Arrive in Venice and check into your deluxe hotel room. Take a stroll along the misty lagoon and gothic palaces. Enjoy a traditional Italian aperitif at the hotel.

### Day 2 • The Venice Lagoon

Tour Venice's narrow streets and campi, or squares, with an expert guide who will show you local markets and gourmet stores near Piazza San Marco, Ponte di Rialto and the Accademia. Lunch in restaurant downtown. In the afternoon, enjoy the city and shop for hand made Venetian carnival masks, blown glass from the island of Murano, marbled paper, unique gold jewellery and gourmet goodies. Sit down for dinner in one of the city's charming restaurants.

### Day 3 • An Intro to Emilia Romagna Cuisine

Leave Venice for Emilia Romagna – the Italian region worldwide famous for its culinary traditions and products. On your way to Parma, visit an ancient Renaissance villa where an aceto balsamico producer will explain his craft to you. After lunch arrive in Parma and relax before starting your cooking class at the Academia Barilla culinary center. Learn to prepare traditional Italian recipes. Tasting required!

### Day 4 • Parma: the City of Food, Music and Art

Visit local Parmigiano Reggiano and Prosciutto di Parma producers and taste their products. Walk around the Castello di Torrechiara, a 15th-century castle located in Langhirano, just south of Parma. After lunch at a local winery, take a walking guided tour of Parma's historic city center, with visits to the Duomo and the Baptistry of Antelami, Teatro Regio and Piazza Garibaldi. Dine in one of the city's best restaurants.

### Day 5 • Tuscan Hills and Roman Nightlife

Leave Parma for Rome and along the way stop for lunch in a charming winery on the Tuscan hills. Check-in at your luxury hotel and enjoy Roman specialties in a famous restaurant downtown.

### Day 6 • Roman Monuments and Art

Start your day with a guided tour of the city: visit the Colosseo and Foro Romano; Piazza Navona and the Spanish steps; the Vatican and Castel Sant'Angelo. In the afternoon, relax and explore all the hidden places and stores of the millennial city. Lunch and dinner in one of the city's finest restaurants.

### Day 7 • Roman Gourmet Stores and City Markets

Guided tour of the best gourmet stores of Rome: visit an authentic bakery and pastry shops, smell the flavors of olives, capers, oregano at local market in Campo de' Fiori. Enjoy lunch in a traditional trattoria in Trastevere. Free time in the afternoon and dine in another great Roman restaurant.

### Day 8 • Ciao Italia!

Say goodbye to Italy, taking with you special memories of Italian cuisine and the art of the bella vita.

THE ULTIMATE  
 ITALIAN  
 TRAVEL EXPERIENCE

**FULL PACKAGE (8 DAYS/7 NIGHTS)  
 AVAILABLE ALL YEAR**

**Price per person for individuals: ..... € 4.920**  
 (based on double occupancy)

**Price per person in group: ..... € 4.440**  
 (based on min. of 12 people)

The price includes: 7 nights at a minimum 4-star hotel in double occupancy, hotel breakfast, 1 cooking experience at Academia Barilla with lunch and dinner, expert guides, visits, restaurants meals with drinks and transportation as per program.

The price does not include: all that is not indicated in "the price includes". Note the program might be subject to modifications.

"Tourist package organised by Food Valley Travel by Terre Emiliane srl. Operations Office located in Viale Fratti 38/D - 43100 - Parma, VAT Registration Number 02250720345; with Authorisation from the Province of Parma no. 4488/2003 e 1415/2005 issued on 6th April 2005. Food Valley Travel by Terre Emiliane S.r.l. is covered by civil and professional liability insurance policy no. 34877252 taken out with the insurance company Unipol Assicurazioni S.p.a. according to the Law art. 14 L.R. 7/2003. Compulsory communication according to the law 269/98 item 16. Italian law punishes crimes of prostitution and pornography of minors by prison sentence, even if such crimes are committed abroad."

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