

THE FLAVORS OF FALL

Porcini mushrooms, truffles and chestnuts: do not miss your chance to experience the fragrance of fall in Italy. Take the opportunity to taste all the wonderful, local products on this special trip into the hills outside Parma!



PROGRAM:

Day 1 • Benvenuti: Welcome to Parma

Arrive in Parma and check into your deluxe hotel room. Visit the city. Take a stroll around downtown, and stop for a traditional Italian aperitivo. Then, sit down for dinner in one of the city's many charming restaurants.

Day 2 • Autumn Cuisine

Hands-on cooking classes with Academia Barilla chefs. Learn to prepare recipes using porcini mushrooms, truffles, and chestnuts. Enjoy the fruits of your labor! Explore Parma's historic city center, on a guided tour of the Duomo and the Baptistery of Antelami; the Teatro Regio, and Piazza Garibaldi; Palazzo della Pilotta and the birthplace of Arturo Toscanini; as well as the Parco Ducale and the Oltretorrente neighborhood.

Day 3 • Discover the Appennines

Leave for the Apennines: discover how to hunt for mushrooms, truffles and chestnuts. You will not go home empty handed! Lunch and dinner in the most well known restaurants in Parma and the surrounding area. Taste a variety of dishes prepared with the seasonal ingredients.

Day 4 • Arrivederci

Say goodbye to Academia Barilla and Parma, taking with you the unforgettable flavors and recipes of the region. Be sure to share what you learned with your friends and family when you get home.

**THE ULTIMATE
 ITALIAN
 TRAVEL EXPERIENCE**

**FULL PACKAGE (4 DAYS/3 NIGHTS)
 AVAILABLE ALL YEAR**

Price per person for individuals: € 2.060
 (based on double occupancy)

Price per person in group: € 1.070
 (based on min. of 12 people)

The price includes: 3 nights at a minimum 4-star hotel with b&b treatment in double room, 1 cooking experiences at Academia Barilla with lunch and dinner, expert guides, visits, restaurants with drinks and transportation as per program.

The price does not include: all that is not indicated in "the price includes". Note the program might be subject to modifications.

"Tourist package organised by Food Valley Travel by Terre Emiliane srl. Operations Office located in Viale Fratti 38/D - 43100 - Parma, VAT Registration Number 02250720345; with Authorisation from the Province of Parma no. 4488/2003 e 1415/2005 issued on 6th April 2005. Food Valley Travel by Terre Emiliane S.r.l. is covered by civil and professional liability insurance policy no. 34877252 taken out with the insurance company Unipol Assicurazioni S.p.a. according to the Law art. 14 L.R. 7/2003. Compulsory communication according to the law 269/98 item 16. Italian law punishes crimes of prostitution and pornography of minors by prison sentence, even if such crimes are committed abroad."

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